

Comprehensive Global Management Consulting Services

## Commentaries and Insights from Allawos & Company

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"What Drives You also Holds You Back, PAIN"

Michael Allawos, Principle Consultant

What we don't know can't hurt us right? We've heard this saying since we were in kindergarten but nothing could be further from the truth. In our newsletters we seldom dive into the psyche of people and what they do and why. However, we see professionals struggle on a daily basis coping with co-workers, subordinates, themselves and their bosses. Yes themselves!

As we have articulated in others Allawos & Company newsletters, communication is the key to success on all levels but we often lie to ourselves or don't recognize why we do or don't do things in life. If there is a simple answer (there rarely is) the word would be "pain".

Pain comes in many forms and manifests in many ways. What do we mean by pain? Putting food on the table, a roof over your families head and cloths on their backs is a form of pain that can drive a person to do almost anything. Other forms of pain can come from childhood trauma and situations that have never been properly dealt with and has now manifested into monsters that were never there.

We often blame others for our issues by being triggered by a boss or co-worker when a situation reminds us of our own issues. Life is becoming increasingly complicated and challenging which can add to our personal list of pain. Everyone has their own list of pain and can sometimes play off of each other.

How does all of the above play into successful professional growth? Pain can be a governor in limiting our drive to grow or serve as an accelerator to burn out and/or alienation. Some issues or personal impediments that affect successful professional growth are: fear of public speaking, communicating with co-workers, asking for that raise, afraid of taking credit for an outstanding report, volunteering for a special assignment or telling it like it is when required, or showing leadership.

Pain and communication can be considered one in the same for this newsletter because one must communicate with themselves to expose the pain in order to effectively deal with it. This is not just limited to individuals, it also relates to corporations and organizational cultures.

Allawos & Company has been helping organizations uncover their pain and effectively transforming it to greatness, improving their condition and leaving behind the tools for growth. By performing employee and organizational surveys we can develop a strategic plan to improve the quality of communication and driving the pain away or using it for positive growth.

## **About Allawos & Company, LLC**



Allawos & Company is a comprehensive global business-consulting firm, tuned to enable organizations to identify and exploit opportunities through creative engagement built on a foundation of decades of senior management experience.

Whether in corporate development, strategic planning, alliances, market development, diplomatic engagement or manufacturing optimization, or turnarounds, our team is focused on client-specific value creation improving the bottom line.

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